



DEPARTMENT OF HUMAN SERVICES



# Parent Support Outreach Program

Parenting can sometimes be a demanding job, especially for families with young children. If you are feeling overwhelmed and are pregnant or parenting a child age 10 or under, and finding it difficult to be the kind of parent you would like to be, this program may be right for you.



The Parent Support Outreach Program is an early intervention program that provides short-term voluntary support for at risk children and families identified through screened out child maltreatment reports, community or self-referrals.

This voluntary services program can connect you to support and assistance for many types of issues, which may include:

- Basic needs (food, clothing and housing)
- Family health concerns (medical care, mental and chemical health services)
- Parenting
- Transportation
- Child care
- Financial needs (budgeting and financial assistance)
- Overall support.

The Parent Support Outreach Program focuses on a family’s strengths and needs, and helps parents who want to do what is best for their children. This program can connect families with community resources that provide the specific kind of help families may want or need.

Participation is voluntary. Getting help to meet your family’s needs, even for a short period of time, can make a difference to you and your family.

To learn more, contact your county or tribal human services department. You can also send general questions to [DHS.CSP.PSOP@state.mn.us](mailto:DHS.CSP.PSOP@state.mn.us).

agency

651-431-4670

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Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

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알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

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Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

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