



Car Seat Training

Car Seat Training must be completed before you can be licensed to care for a child age 7 or under.

- If you are providing interim family foster care or concurrent/permanency foster care, please visit [Minnesota Child Passenger Safety Training](#) for more information about registering for a class. You may also call 651-248-8256 for additional information.
- If you are providing kinship foster care, please contact Jessica Hartvigsen to sign up for car seat training. Call 763-324-1489 or email Jessica.Hartvigsen@co.anoka.mn.us.
- After training is completed, please submit the certificate of completion to your foster care licensing social worker.

Car Seat Training is required by [Minnesota Statute § 245A.18](#). Training must be completed once every five years when caring for children under 8 years of age.



Sudden Unexpected Infant Death Syndrome (SUID) & Abusive Head Trauma (AHT)

The Department of Human Services has approved the following series of videos to meet the

SUID component when individuals are not receiving face-to-face, classroom, or online SUID

training. All videos must be viewed to meet the SUID training requirement.

- 1. <https://www.youtube.com/watch?v=JNWBSZZm3no&list=UUJDcgrMI0B2Og4ZdeOOrnFA&feature=c4-overview>. Produced by Hennepin County (4:17) (copy and paste into browser)
- 2. <http://vimeo.com/51317716> Produced by Eastern Virginia Medical School (5:50)
- 3. <https://www.youtube.com/watch?v=XOYshwsmZUc>. Produced by Dakota County (6:28)

AHT Videos

The Department of Human Services has approved the following series of videos to meet the

AHT component when license holders are not receiving face-to-face, classroom, or online AHT

training. All videos must be viewed to meet the AHT training requirement.

- 1. <https://www.youtube.com/watch?v=M3xytsg6oDo> Never Shake (7:48)
- 2. <https://www.youtube.com/watch?v=THhFoYk7U40> The Doctors (1:48)
- 3. <https://www.youtube.com/watch?v=t9vH6tqwXg> Forever Shaken (33:17)

- **Testing**
- Complete the [SUID Post Test \(PDF\)](#), and submit the post test to your Child Foster Care social worker.
- Complete the [AHT Post Test \(PDF\)](#), and submit it to your Child Foster Care social worker.

Under [Minnesota Statute § 245A.144](#), child foster care providers caring for infants or children through 5 years of age must be instructed and receive training on SUID/AHT at least once every 5 years.

Under [Minnesota Statute § 245A.1445](#), there is an option to watch a video training to meet the requirements for SUID/AHT training.

Children's Mental Health



[Children's Mental Health for Resource Families Learning Center \(mn.gov\)](#)



Prudent Parenting

[Foster Parent Activities: Reasonable Prudent Parenting - Bing video](#)

[Reasonable and Prudent Parenting Training Video - Bing video](#)



Orientation

[Foster Care 101 Podcast Series - MN Adopt](#)