

After-Hours Care / Weekend Care Guidelines

The child care rule only addresses child care that is provided during the standard daytime hours. It does not set standards for care provided in the early mornings, late evenings or overnight. After-hours care would be care provided from 6pm-6am. Care provided during this time presents new challenges and considerations for both parents and providers.

Hours/Days of After-hours care provided to _____:

Following are guidelines to consider when providing after-hours care and are meant to protect both the children in care and the provider:

1. Children should be supervised by the licensed provider at all times. The provider should sleep on the same level as the children who are sleeping and be able to immediately intervene if needed by a child. While in care, children will sleep

2. Providers should be physically present and interacting with parents when accepting or releasing a child to a parent/caregiver.
3. Each child should have their own sleeping space and appropriate bedding. When children are sleeping overnight, they should not sleep on the floor. No child shall share a bed at any time with anyone (adult or child) for any reason. Bedding should be washed at least weekly.
4. Each child should have their own personal washcloth, towel, toothbrush and pajamas.
5. Children over the age of 24 months should be offered privacy for changing, sleeping, toileting and bathing. Children should not share the bathroom or bathtub. The licensed provider should be the only person assisting daycare children with personal care.
6. Night lights or dim lighting should be used when children are sleeping overnight. Monitors should also be used for additional supervision.
7. Children should have an evening meal, either at their home or the providers' home. A bedtime or evening snack may be offered.

8. Children have various emotional needs at bedtime and during the night. Providers should consult with parents/caregivers regarding each child's bedtime routine and any special concerns. Special instructions for this child include:

9. Providers should consider the needs of their own family and be aware of the interaction between family members and children in care. The provider must ensure that no television, videotape, music or other materials which are inappropriate for children be allowed while the children are present.

10. Providers who have pets must address supervision of pets during after-hours care. They must specifically address issues around separation of pets during feeding and sleeping times. My pet will be supervised by

These guidelines are meant to protect the children in care, as well as the licensed provider.