

BROWN COUNTY PUBLIC HEALTH

Family Health Programs



Public Health

Family Health is
IMPORTANT



What We Do

Public Health nurses are available to help families find the resources they need to grow and thrive. We can offer support to expecting parents, new parents, and families bringing home a new sibling. Every family is different, and no matter your situation, we are here for you!

Our Mission

Expand the opportunity for families in Brown County Minnesota to get the best start they possibly can during pregnancy and baby's first years of life.

Contact Us

 507-233-6820

 1117 Center Street
New Ulm, MN 56073

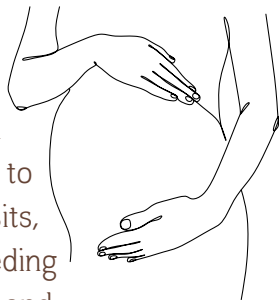
 www.co.brown.mn.us/public-health-home



Family Health Programs

Maternal Child Health

Public Health nurses offer support and education throughout pregnancy and after delivery. Learn what to expect at prenatal care visits, prepare for successful feeding for your newborn, growth and development, planning for Child & Teen Checkups and more.



WIC (Women, Infants, Children)

A nutrition and breastfeeding program that helps eligible pregnant women, new mothers, babies, and children up to age 5 eat well, learn about nutrition, and stay healthy. WIC provides nutrition education and nutritious foods for participants.



Pregnancy Testing

Pregnancy testing, counseling, and referrals for all people who could be pregnant.

Family Planning

Provides regular reproductive health exams, education, and methods to prevent unplanned pregnancies to any person in need of confidential services, including those without health insurance. (Please note that income guidelines may apply). FREE condoms available at our office.

FREE Car Seat Checks

Make sure your child's car seat is properly installed. Certified Car Seat Technicians are available by appointment. Some insurance plans may pay for a car seat for each child.



Universal Contact Visit

All parents to newborns are offered a home visit. During this visit, a Public Health nurse provides a health check to mom and baby, offers feeding assistance, information on child growth and development, and community resources to help parents. Each baby is given a special quilt, homemade by a member of our community, as well as many resources for future needs.



Family Home Visits

These in-home visits are tailored to the need of your family. Public Health nurses can take vital signs, including baby weight checks, help find answers to questions about parenting, growth and development, or other health concerns.

Follow Along Program

A developmental screening tool is used to help parents track the child's development to make sure the child is meeting milestones and offers activities to support development children from 4 months to three years old. Early recognition and intervention has been proven to improve developmental outcomes.

Child & Teen Check-Ups

Public Health staff will assist with transportation, interpreter services, or other help as needed, to encourage regular health and wellness exams for children from birth to age 21 years old.

Immunizations for Children

Public Health nurses can provide immunizations for all children without insurance or for vaccinations not covered by insurance.



School Health

Schools contract with Public Health to provide school health nursing services to some of the schools in Brown County.



Some insurance plans will reimburse Public Health for offering these programs at no cost to our families.